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# AAU Taekwondo 2002-2003

## Organizational Structure

Updated November 1, 2002

## 2002-2003 NATIONAL COMMITTEE STRUCTURE • AAU TAEKWONDO



### EXECUTIVE COMMITTEE MEMBERS

Mike Friello (AD)  
2434 Troy Road, Niskayuna, NY 12309  
(518) 372-6849 • (518) 372-6986 fax  
mfriello@aol.com

Les Zampino (AD)  
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2060 Eastern Pkwy, Louisville, KY 40204  
(502) 451-3954 • rblairtkd@aol.com

James Henry (GA)  
2106 Chatou Place, Kennesaw, GA 30152  
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### TECHNICAL RULES COMMITTEE

Rick Blair – Chairman and National Chief Referee	See Executive Committee
Dan Hydrick (GA)	4349 Hampton Woods Rd., Marietta, GA 30068 (770) 971-8184 • sabomnim@atlanta.com
Scott Fiorillo (MD)	P.O. Box 959, Bryans Road, MD 20616 (301) 375-9409 • smtkd@crosslink.net
Pat Weseman (OZ)	See Regional Directors
Kim Cerami (SE)	1113 Montpier Drive, Franklin, TN 37069 (615) 383-9900 • k.cerami@worldnet.att.net

### REGIONAL DIRECTORS

**Region 1:** *Niagra, Adirondack, Metropolitan, New England, New Jersey, and Connecticut*  
Mike Friello (AD) 2434 Troy Road, Niskayuna, NY 12309  
(518) 372-6849 • mfriello@aol.com

**Region 2:** *Middle Atlantic, Maryland, Potomac Valley, Virginia, and Western Pennsylvania*  
Scott Fiorillo (MD) P.O. Box 959, Bryans Road, MD 20616  
(301) 375-9409 • smtkd@crosslink.net

**Region 3:** *North Carolina, South Carolina, Georgia, and Southeastern*  
James Henry (GA) 2106 Chatou Place, Kennesaw, GA 30152  
(770) 975-9757 • jhenrytkd@msn.com

**Region 7:** *Wisconsin, Minnesota, Nebraska, and Iowa*  
Bob Crouch (WI) W309 S8565 Greenview Dr., Mukwonago, WI 53149  
(262) 363-1510 • Wiaautkd@netwurx.net

**Region 8:** *Missouri Valley, Ozark, Oklahoma, and Arkansas*  
Pat Weseman (OZ) 3666 Gail Drive, Imperial, MO 63052  
(636) 296-3748 • pweseman@brownshoe.com

**Region 9:** *Gulf, Southwestern, South Texas, West Texas, and Southern*  
Mark Giambi (GU) 4215 Bellaire Blvd., Houston, TX 77025  
(713) 666-6655 • mgjambi@aol.com

**Region 10:** *New Mexico, Arizona, Rocky Mountain, Utah and Four Corners*  
Mike Parr (RM) 5010 Granite Street, Ste E2, Loveland, CO 80538  
(231) 564-2124 • mparr@wcttechnologies.com

### NATIONAL AAU TAEKWONDO TEAM

**National Head Coach**  
**AAU TKD Team** Jean Lopez  
9421 Highway 6 South, Houston, TX 77083  
(231) 564-2124

**National Team Manager**  
**2002-2003** Skip Valle  
132 Tanglewood Dr., Elk Grove, IL 60007  
(847) 364-9594 • teamforcetkd@aol.com

**Men's Head Coach**  
**2002-2003** Mike Sanchez  
1751 N. Monticello Avenue, Chicago, IL 60647  
(773) 384-4507 • ultimate\_kicks@hotmail.com

**Women's Head Coach** Terry Gautreaux  
PO Box 442, Blue Springs, MO 64013  
(816) 229-6611 • gautreaux@kc.net

**Men's Team Captain** Ryon Frederick  
627 Domedary Court, Kissimmee, FL 34759  
(863) 427-3546 • Nicryon12@aol.com

**Women's Team Captain** Rachel Marcial  
(650) 574-1993 • chinaprincess@cs.com

## GENERAL GUIDELINES, STRUCTURE, POLICIES

### Section I – Name

The name by which this organization shall be known shall be the “United States Amateur Athletic Union Taekwondo Program”.

### Section II - Purpose

Section 1: The purpose of this program shall be to provide a competitive venue for **all** Taekwondo practitioners in the United States regardless of their national or international affiliation(s). In doing so, it is the mission of this US/AAU Taekwondo Program to enhance the physical, mental, and moral development of its’ amateur athletes and to promote good sportsmanship, good citizenship, and safety.

### Section III

#### Part I - Regional Structure

##### Article I. Purpose

The AAU Associations are divided into Regions for AAU competition. These regions are formed in order to reduce the travel distance for athletes competing in regional competition and to equalize the competition. The Regions are:

##### Article II. Description

- Region 1. New England, Adirondack, Niagara, Connecticut, Metropolitan, and New Jersey
- Region 2. Middle Atlantic, Maryland, Potomac Valley, Virginia, Western Pennsylvania
- Region 3. North Carolina, South Carolina, Georgia, Southeastern
- Region 4. Florida, Florida Gold Coast
- Region 5. Hawaiian
- Region 6. Indiana, Kentucky, Ohio, Lake Erie, Michigan, Central, West Virginia
- Region 7. Wisconsin, Minnesota, Iowa, Nebraska
- Region 8. Missouri Valley, Ozark, Oklahoma, Arkansas
- Region 9. Gulf, Southwestern, South Texas, West Texas, Southern
- Region 10. New Mexico, Arizona, Rocky Mountain, Utah, Four Corners
- Region 11. Montana, North Dakota, South Dakota, Wyoming
- Region 12. Alaska, Inland Empire, Pacific Northwest, Oregon, Snake River
- Region 13. Southern Pacific, Central California, Pacific Southwest, Southern Nevada, Pacific
- Region 14. Mid-East Association and expatriate U.S. citizens in surrounding countries including the island of Cyprus.
- Region 15. Puerto Rico Association, U.S. Virgin Islands and expatriate U.S. citizens in the Caribbean area.

## Article III. Key to Map of District Associations

2	New England	32	Rocky Mountain
3	Adirondack	33	Southern Pacific
4	Niagara	34	Utah
5	Connecticut	35	Inland Empire
6	Metropolitan	36	Pacific Northwest
7	New Jersey	37	Oregon
8	Middle Atlantic	38	Pacific
9	Maryland	39	Hawaiian
10	Potomac Valley	40	Iowa
11	Western Pennsylvania	41	Kentucky
12	Virginia	42	New Mexico
13	North Carolina	43	South Texas
14	Florida	44	Pacific Southwest
15	Southeastern	45	Georgia
16	Indiana	46	Central California
17	Ohio	47	West Texas
18	Lake Erie	48	Arizona
19	Michigan	49	Southern Nevada
20	Wisconsin	50	Florida Gold Coast
21	Central	51	West Virginia
22	Ozark	52	North Dakota
23	Arkansas	53	South Dakota
24	Southern	55	South Carolina
25	Gulf	56	Alaska
26	Southwestern	57	Far East
27	Oklahoma	58	Wyoming
28	Missouri Valley	59	Snake River
29	Nebraska	60	Mid-East
30	Minnesota	61	Puerto Rico
31	Montana	62	Four Corners

**Part II. Regional Taekwondo Director****Article I. Purpose & Function**

It is the aim of the Amateur Athletic Union National Taekwondo Committee to have the Regional Taekwondo Director act as representative of the Executive Committee within their region.

**Article II. Scope**

Section 1: The activities of Regional Taekwondo Directors shall be coordinated by the Director of Internal Relations (DIR) of the National Committee.

**Article III. Term of Appointment**

The Regional Taekwondo Director shall be appointed on a biannual basis by the National Taekwondo Chairman, with the advice and consent of the Executive Committee.

**Article IV. Duties**

It is the aim of the Amateur Athletic Union National Taekwondo Committee to have an AAU Regional Director in each of the regions to represent the AAU National Committee and it will be their duty to:

- Section 1: Answer any questions concerning the AAU Taekwondo Program for the AAU.
- Section 2: Assist the Associations within their Region in organizing and conducting the Association and Regional AAU Sports Taekwondo Program.
- Section 3: Conduct and coordinate Regional Championships.
- Section 4: Develop and conduct, with the approval of the National Taekwondo Committee, Taekwondo competition where none is planned by the Association.
- Section 5: Assist in the development of any authorized AAU Junior Olympic Competition.
- Section 6: Conduct Association Championships within inactive Associations.
- Section 7: Conduct any regional and/or national aspects of the Program on behalf of National AAU Taekwondo Committee.
- Section 8: Coordinate the sports programs of the Associations to ensure that the best interest of the sport is served.
- Section 9: To ensure compliance to the Official Code of the Amateur Athletic Union, and to the Rules and Regulations of the National AAU Taekwondo Committee.
- Section 10: Promote Taekwondo throughout their Region.
- Section 11: Shall recommend Regional Chief Referee to the National Chief Referee.
- Section 12: Shall administrate and give consent to all actions of the Regional Officials.
- Section 13: Shall ensure that the local Associations conduct annual championships in accordance with the guidelines of the National AAU Taekwondo Committee
- Section 14: Shall act as Co-Chairman of the Regional Referees Council
- Section 15: Shall work with Association Sports Chairman so as to facilitate growth and excellence in the sport of Taekwondo within their Region.

**Part III – Regional Chief Referee****Article I. Purpose & Function**

It is the aim of the Amateur Athletic Union National Taekwondo Committee to have the Regional Chief Referee act as representative of the National Chief Referee within their region.

**Article II. Scope**

Section 1: The activities of Regional Chief Referee shall be coordinated by the National Chief Referee.

Section 2: Regional Chief Referees should submit in writing, on a quarterly basis, a report of activities within their Region to the National Chief Referee.

**Article III. Term of Appointment**

Regional Chief Referees shall be appointed on a biannual basis by the National Chief Referee based on recommendations by the Regional Director, with the approval of the National Sport Chair.

**Article IV. Duties**

It is the aim of the Amateur Athletic Union National Taekwondo Committee to have an AAU Regional Referee in each of the regions to represent the AAU National Committee and it will be their duty to:

- Section 1: Answer any questions concerning the AAU Taekwondo Program and/or the AAU.
- Section 2: Assist the Association with their Region in organizing and conducting the Association and Regional AAU Referee's Program.
- Section 3: To develop and conduct Regional Clinics for referees within the region with the approval of the Regional Taekwondo Director and the National Chief Referee.
- Section 4: To act as Chief Referee at Regional Championships.
- Section 5: Act as a representative of the National Referee's Corps from his/her region.
- Section 6: Serve as a Chief Referee for his/her region for the duration of their appointment.
- Section 7: Appoint assistants, with the advice and consent of the Regional Taekwondo Director and the National Chief Referee.
- Section 8: Shall test and license referees by the prescribed method for their region.
- Section 9: Shall act as a representative of their region in matters regarding refereeing.

**Article V. Representation**

Section 1: Shall have the right to delegate their authority with the advice and consent of the Regional Taekwondo Director, subject to the approval of the National Chief Referee.

**Part IV - Technical Rules Committee****Article I.**

There shall be a Technical Rules Committee which shall be a direct working body within the National Committee, as outlined by the by-laws of the National Committee.

**Article II. Purpose & Function**

The purpose of this committee shall be to develop standards, policies, and guidelines with regard to competition rules and their enforcement. It will be the responsibility of this body to assume the highest quality personnel as dictated by the National Committee. The primary responsibility of the council will be to make recommendations regarding policy, officiating and competition rules to the National Sport Committee.

**Article III. Representation**

Section 1: The National Chief Referee shall serve as Director of the Technical Rules Committee.

Section 2: With the approval of the National Sport Chair, the Director of the Technical Rules Committee shall appoint 4-6 officials, minimum certification of "A" rating, to serve on the council for a term of two years. Each member of the Technical Rules Committee shall have one vote.

**Section IV - Official's Certification Requirements****Article I. Purpose & Function****Section I: HOW TO BECOME (RE)CERTIFIED**

Officials, who serve as corner judges, referees, heads of court, arbitrators AND coaches, are required to first become (re)certified through a recognized clinic administrator, as recognized by the National Chief Referee, on a yearly basis. Officials should become (re)certified **EACH YEAR** prior to association or regional competition. Certified officials are then required to take ONE of the national clinics, offered at the Nationals and JOs, before they will be allowed to work a national event. Since the Nationals are NORMALLY held first, an official must attend the Nationals' clinic in order to work the Nationals and his/her certification will allow him/her to work Nationals and/or JOs. Should an official desire to only work JOs, then they can attend the JOs clinic offered later in the year.

All coaches will become "E" officials upon their certification. Should they hold taekwondo rank, and meet age requirements, they will become "D" officials. Officials of higher certification will, of course, be allowed to coach.

For those officials who plan to officiate AND coach at either the Nationals or JOs, they must meet all the requirements listed here. In addition, that individual MUST take the National Officials' Clinic (NOT the National Coaches' Clinic) to be eligible to officiate AND coach at that event. Finally, they'll be required to complete both the officials AND coaches registration forms, and pay the applicable coach's fee.

**Section II: WHO IS AUTHORIZED TO CONDUCT CLINICS**

The National Chief Referee is the ONLY person who can authorize individuals to conduct clinics. Members of the Executive Committee, Regional Directors, Referees' Council and Regional Chief Referees are automatically allowed to conduct clinics. A complete list of clinic administrators is listed on the web site at **[www.AAUTAEKWONDO.ORG](http://www.AAUTAEKWONDO.ORG)**

The Regional Chief Referee is solely responsible for conducting clinics in his/her region. Clinic administrators (which includes the Executive Committee, Regional Directors and members of the Referees Council) are allowed to conduct clinics ONLY when the Regional Chief Referee cannot conduct the clinic, and prior consent from the Regional Chief Referee is required.

All questions regarding the eligibility of clinics and clinic administrators should be directed to the National Chief Referee.

**Section III: WHEN ARE CLINICS ALLOWED TO BE CONDUCTED**

Clinics cannot be held until the current year's rules, (re)certification test and answer key are COMPLETELY finalized. This is NORMALLY accomplished by October 15th. No clinic may be held after June 1st and the paperwork must be forwarded to the National Chief Referee no later than June 7th.

**Section IV: CLINIC TIMELINES**

All officials' cover sheets, along with their scores, license books and appropriate fees, should be forwarded to the National Chief Referee's office no later than 7 days after the clinic. Upon receipt, the National Chief Referee will return TO THE CLINIC ADMINISTRATOR the license books and certificates, where applicable, within 2 weeks. Any official who takes an association/ regional seminar should therefore receive their license books and certificates within one month of that clinic.

**Section V: WHAT IF CLASSIFICATION IS NOT KEPT CURRENT**

**Officials who fail to maintain their certification are subject to having their classification lowered one grade per year.**

**Section VI: FEES**

The fee for a first-time official is \$35, which validates the official's classification until the end of the AAU's fiscal year (currently identified as August 31st) regardless of when they took the clinic. Thereafter, the fee will be \$20, again, which validates an official's credential until the end of the current fiscal year. Any official previously issued a license book and misplaces it will be subject to a \$5 replacement fee. There are no fee requirements for the clinic at Nationals. There IS, however, a clinic fee at JOs. In addition, at BOTH events there IS a coach's credential fee. (Please see the tournament flyer for this information.)

**Section VII: UPGRADE REQUIREMENTS**

Upgrades in classifications are not automatic, nor are they a "right." An upgrade is based on satisfactory performance as an official during AAU sanctioned competition at the association, regional and national level, as determined by the National Chief Referee. The National Chief Referee is solely responsible for the upgrading of officials. In addition, an official **MUST** first meet the requirements listed later in this document to be considered eligible for an upgrade.

ALL officials upon entering the program will be issued either an "E" or "D" classification based on meeting the age requirements AND taekwondo minimum rank requirement. If the individual is at least 15 years of age AND holds the minimum taekwondo rank of red or brown belt then they will be granted a "D" classification. No first-time official will come into the program as a "C" or higher.

"D" officials who meet rank and age requirements, as outlined, may be upgraded to "C" classification after working association or regional qualifiers. However, to become a "B" or "A" the candidate must have successfully completed the local/regional course and have worked that championship, and then have attended one of the national seminars and successfully officiated at that event, ALL WITHIN THE SAME FISCAL YEAR. Regardless of activity within the first year, no official can ascend to level "B" or higher in his/her first year.

**Article II. Class E Official**

Court Officials (coaches, scorekeepers, timekeepers, etc.) only, at Association, Regional and National levels.

**REQUIREMENTS**

1. Basic understanding of official rules & procedures.
2. Working knowledge of point scoring & determining winners.
3. Working knowledge of timekeeping.
4. Minimum age of 15.

**HOW ACHIEVED**

1. Clinic lecture & discussion.
2. Clinic lecture & workshops.

**REQUIRED CERTIFICATION**

1. Passed written test on official rules and procedures.
2. Attended clinic lecture and discussion on official rules and procedures.
3. Certification by National Chief Referee.

**Article III. Class D Official**

Coaches, court officials or judges at Association or Regional level.

**REQUIREMENTS**

1. Proficiency in understanding official rules and procedures.
2. Proficiency in officiating as a judge.
3. Proficiency in charting.
4. Proficiency in time keeping.
5. Minimum age of 15.
6. Minimum rank of Red/Brown Belt.

**HOW ACHIEVED**

1. Written test, clinic, workshop.
2. Practice matches, written test.

**REQUIRED CERTIFICATION**

1. Passed written test on official rules and procedures.
2. Demonstrated proficiency in officiating practice matches.
3. Demonstrated proficiency in charting.
4. Certification by National Chief Referee.

**Article IV. Class C Official**

Referees at association or regional tournaments, or judges at National Tournaments. Can also assume any aforementioned position as authorized.

**REQUIREMENTS**

1. Knowledge of referee terms & methods of signaling.
2. Proficiency in officiating as referees.
3. Proficiency in officiating as judges.
4. Proficiency in officiating as arbitrator
5. Minimum rank of first-degree black belt or higher.
6. Minimum age of eighteen (18).

**HOW ACHIEVED**

1. Written test workshop clinic & lecture.
2. Practice matches & tournaments.
3. Clinic lecture & workshops, written test, demonstrated proficiency at tournaments.

**REQUIRED CERTIFICATION**

1. Passed written test on referee terms and signals.
2. Demonstrated proficiency in officiating as a referee.
3. Demonstrated proficiency in officiating as a judge (clinic or tournament).
4. Certification by National Chief Referee.

**Article V. Class B Official**

Arbitrators at association, or regional levels and/or referees at the national level. Can also assume any aforementioned position as authorized.

**REQUIREMENTS**

1. Proficiency in officiating as judge.
2. Proficiency in officiating as referee.
3. Proficiency in officiating as arbitrator.
4. Knowledge of referee terms & methods of signaling.
5. Minimum taekwondo rank of second degree black belt or higher.
6. Minimum age of twenty-one.

**HOW ACHIEVED**

1. Experience and level of proficiency demonstrated in tournaments & practice matches.
2. Discussion.
3. Written test.
4. Regional/Association written test, national clinic, workshops, and demonstrated proficiency at a National AAU tournament.

**REQUIRED CERTIFICATION**

1. Passed written test.
2. Demonstrated proficiency in officiating as a judge.
3. Demonstrated proficiency in officiating as a referee.
4. Demonstrated proficiency in officiating as an arbitrator.
5. Certification by National Chief Referee.

**Article VI. Class A Official**

Arbitrators or Referees at the National level. Can also assume any aforementioned position as authorized.

**REQUIREMENTS**

1. Knowledge of referee terms & methods of signaling.
2. Must also meet all above requirements (E through B).
3. Minimum taekwondo rank of 3rd degree black belt or higher.
4. Minimum age of twenty-one (21).

**HOW ACHIEVED**

1. Demonstrated knowledge.
2. Demonstrated in previous tournaments & practice matches.
3. Regional/Association written test, national clinic, workshops, and demonstrated proficiency at a National AAU tournament.

**CERTIFICATION REQUIRED**

1. Passed written test.
2. Demonstrated proficiency & understanding of all facets of officiating.
3. Certification by National Chief Referee.

**Article VII. Class AA Official**

Senior Referees who have demonstrated the highest standards of professionalism and proficiency.

**REQUIREMENTS**

1. Minimum rank fourth degree Black Belt.
2. Minimum age thirty (30).
3. National "A" class official minimum three (3) years.
4. Proficiency & understanding of National AAU competition rules.

**HOW ACHIEVED**

1. The Executive Committee will be responsible for promoting candidates to Class AA officials based on the recommendation of the National Chief Referee.

**CERTIFICATION REQUIRED**

1. Written test and/or paper as administered by the National Chief Referee.

**Article VIII. Classifications & Time Limits**CLASSIFICATION TIME LIMIT

E	None
D	None
C	None
B	One Year as C
A	One Year as B
AA	Three Years as A

**Exceptions**

Upon the recommendation of The Regional Chief Referee, and with the confidence of the National Chief Referee, time limits and classification can be waived on an individual basis if an official demonstrates the knowledge and ability to perform on a higher level.

**Article IX. DISCIPLINARY ACTIONS**

Officials are expected to maintain the highest standards of professionalism. An official whose conduct is determined to not measure up to these standards shall be subject to disciplinary action by the National Chief Referee.

**Article X. Voting Privileges**

Section 1: Voting members of the National AAU Taekwondo Sport Committee shall include: the National Sport Chair, Executive Committee Members, Regional Directors, Association Sport Chairs, and Members-At-Large.

Section 2: There shall be no voting by proxy.

Section 3: Any changes to the operating procedures or rules of competition of the AAU Taekwondo Program must be properly submitted to and reported upon by the Officials Referee's Council AND carry a 2/3 majority vote of those voting delegates to the National Sport Committee.

Amendments to the operating procedures and guidelines will only be made in even years beginning in the year 2000. Amendments to the Competition rules of this Program will only be made in the odd years beginning in 2001.

**Article XI: Timeline for Rule Policy Changes**

Associations are required to hold their taekwondo sport meetings during May or June. At that time, rule/policy changes are to be discussed and voted on by the voting delegates within that association. They are then forwarded via e-mail to the National Chief Referee who will compile all the recommendations for the Technical Rules Committee (TRC). All changes should be in the hands of the National Chief Referee NO LATER THAN July 5 of that year. He/she will then forward to the TRC by July 15. The TRC will return these proposals to the National Chief Referee by July 30. The proposals along with the votes of the Technical Rules Committee will be sent to the Convention voting delegates by August 7.

**Article XII: National AAU Taekwondo Board of Review**

**Composition.** The Board of Review shall consist of a maximum of five (5) members of the AAU Taekwondo Program composed as follows:

The National Sport Chair shall appoint the Chair from a panel of three (3) candidates recommended by the National Sport Committee.

**Eligibility to Serve.** Any member of the AAU Taekwondo Program shall be eligible to serve on the Board of Review with the exception of current voting members of the Executive Committee and National Sport Committee Chair.

**Term of Office.** Members of the Board of Review shall serve until such time as their terms expire, or until such time as they resign, become disqualified, or are removed by majority vote of the Executive Committee. The term of office for those elected shall be four (4) years. The term of office for the appointed chair shall be six (6) years. All five (5) members of the Board of Review shall be eligible for re-election or re-appointment.

**Temporary Vacancies.** Any temporary vacancies on the Board of Review will be filled by NSC nomination and confirmation by the Executive Committee. Such confirmation shall be effective until the next annual meeting of the NSC at which time the vacancy shall be filled as prescribed in this article.

**Jurisdiction.** The Board of Review may review any decision, action, or omission by any Association Taekwondo Sport Committee, or individual, or other entity (other than the Association Board of Managers) which is a part of the Union or any of its activities. The Board of Review will have original jurisdiction in regard to any action or omission by an Association Taekwondo Sport Committee or individual which is part of the AAU Taekwondo Program.

**Powers.** In the exercise of its duties, The Board of Review has the following powers:

- Upon its own initiative, or pursuant to an appeal or a complaint, may investigate any action or omission of the Code or violation of any of the Union's operating policies, or policies of the NSC.
- Require the production of documents, oral or written statements, or any information or material relative to the inquiry.
- Dismiss a complaint or conduct hearings and make findings of fact.
- Vacate, modify, sustain, or reverse any mandate or order or remand or refer the matter for further action.
- Impose and enforce penalties, which may include but are not limited to suspension, expulsion, probation, fines and disqualification.
- Assess cost and expenses against the party creating such expenses.
- In regard to Association Taekwondo Sport Committees, the Board of Review may order an audit, and depending upon the findings of any such audit, may in addition to the penalties set out herein, refer such matters for further civil and/or criminal proceedings.
- Promulgate, amend, rescind, interpret, review and enforce disciplinary rules and procedures utilized by sport committees.

**Procedures.**

**Request for Review.** A request for review is a petition for appeal and must be submitted in writing to the Chair of the Board of Review in care of AAU National Taekwondo Chairman, to be accompanied by the filing fee as established by the NSC.

**Hearing.** If the Board of Review finds reasonable cause that the AAU Code, and/or an AAU policy, and/or AAU Taekwondo policy has been violated, a hearing may be conducted.

**Notice.** The entities charged shall be notified of the alleged violations, hearing date (not less than twenty (20) days from the date on the notice), time and place, possible penalties, right to counsel, right to appeal, format of hearing and other related general information.

**Conduct.** The Board of Review will establish a standard format to be approved by the Executive Committee for the conduct of hearings, which may include but not be limited to an in-person or recorded telephonic hearing. A pre-hearing inquiry may be held by a member, or members, or a designee of the Board of Review.

**Filing Fee.** The filing fee for a request for review by the Board of Review of a decision or action shall be \$100.00 by cashier's or certified check, which will be returned if the petition is upheld, but forfeited if rejected or abandoned. The Board may assess costs and expenses against the party creating such costs/expenses, even if the petition is upheld.

**Notice of Decision.** Decisions of the Board of Review will be communicated to all parties in writing in a timely fashion.

**Penalties.** Penalties may include revocation, suspension, expulsion, censure, reprimand, fines, restitution, warning or probation.

**Refusal to Cooperate.** Any Association Sport Committee, individual, or other entity who, after having been properly requested to do so, fails or refuses, without adequate reason to produce documents, provide testimony, written statements, or any information or material relative to the inquiry is subject to penalties as provided in this Article.

**Appeals.** Appeals to the AAU Taekwondo Board of Review must be in writing directed to the Chair of the National AAU Board of Review, in care of the AAU National Headquarters, and must be received no more than thirty (30) days from the effective date of the decision being appealed.

Any decision of the National AAU Board of Review may be appealed to the National AAU Board of Appeals.

## GENERAL GUIDELINES Of The United States AAU Taekwondo Program

**Article I. The Types of Competition shall be as follows:**

- a) Point-sparring
- b) Forms/Patterns
- c) Olympic-style Sparring
- d) Team Forms

**Article II. The Age Limits for the various divisions shall be:**

- a) Junior: Ages 5-17
- b) Adult: Ages 18-34
- c) Senior: Ages 35-44
- d) Executive: Age 45 and up

Athletes age 35 and older may compete as Adults or Seniors; athletes 45 years of age and older may compete as Adults, Senior or Executive, but each may not compete in more than one age category.

e) Competition shall be divided by Age, Belt, Weight, and Sex. The age of the competitor as of March 1 shall determine the age of that competitor as regards to competition. The competitor must compete for the entire competition year at the age they will be on March 1 of that competition year. (Competition year runs September 1 through August 30) In addition, competitors must always compete at their current rank on the day of the event. (For example, if an athlete qualifies as a red/brown belt, and is promoted to black belt prior to a national event, then that athlete must compete at the national event as a black belt.)

**Article III. Competition Area**

Section 1: Ring Dimensions for National Championships

In principle, the contest area shall be 12 meters x 12 meters with a 1 meter inside warning track, for all AAU National Taekwondo tournament competition. Regional and Association events must maintain a contest area of at least 20' X 20' with a 2' inside warning track.

Two 'hash' marks three feet long and three feet apart in the center of the ring shall mark the beginning positions for both fighting competitors. The Blue competitor shall always line up on the right side of the referee as he faces the head of court's table.

**Article IV. Uniform (Dobok)**

Section 1: Dobok

All contestants must wear a clean white dobok. Patches will be limited to the AAU Taekwondo patch worn on the upper left breast. Black trim is limited to collar/lapel trim for black belts ONLY (v-neck or crossover). Other than this, the uniform must be totally free of any other embellishment including school logo, with the exception of corporate brand names (i.e. Adidas, Superior, USA Spirit, etc.). Athletes may wear a shirt underneath the dobok, but must be white, and free of all lettering or logo.

For association and regional qualifiers, athletes are allowed to wear their school uniforms, but must be white. Uniforms may have school patches and logos at local, association, and regional qualifiers ONLY.

No rolled sleeves will be allowed and the cuff of the sleeve must be no higher than one-half the distance between wrist and elbow. The cuff of the pant must be no higher than one-half the distance between the ankle and knee. Uniforms must be neatly hemmed at the cuff of the sleeve and the pant leg. Uniform jacket tops may not be tucked into the pants. All competitors must wear a belt appropriate to their rank with the knot of the belt in the front.

#### Article V. Official's/Coach's Attire

Section 1. All officials shall wear:

- a) Gray slacks
- b) White shirt
- c) An official AAU tie
- d) Blue blazer
- e) Solid Black, rubber-soled shoes/sneaker
- f) Dark socks

Section 2. All coaches shall wear:

- a) White dobok (uniform) pant
- b) Blue AAU shirt
- c) Sneakers

In general, the contest shall be conducted by one referee, three or four judges and a head of court, along with the assistance of a timekeeper and a recorder.

#### Article VI. Qualifications

All sanctioned tournaments shall be officiated by AAU certified referees. Association and Regional tournament directors **may** allow any Black Belt they deem qualified to officiate **at one tournament only**. Thereafter that individual referee **must** obtain AAU referee certification. No more than one (1) non-certified official may be present in the ring. Coaches shall not enjoy this same privilege. All coaches at any AAU sanctioned event must be currently certified to work that event.

In the case of an International AAU event, the National Chief Referee may approve the use of NGB or Internationally certified officials for Olympic Sparring only. These non-AAU certified Officials **MUST** hold individual membership in the AAU.

**Whether certified or not, all officials must be AAU members for the current year.**

#### Article VII. Failure to report

Athletes may be disqualified if they fail to report to staging and have not responded to "final call." Once an athlete has been disqualified they will not be allowed to compete. This **INCLUDES** reporting to the appropriate ring prior to the start of the division and having missed "final call." This covers ALL methods of competition.

#### Article VIII: Weigh-in

Section 1: Association and Regional Championship

Competitors will be expected to register in the most proper weight class division listed for that tournament. Any official or coach may question the weight of a prospective opponent **prior** to the beginning of any match. If a competitor's weight is questioned (protested) and his/her weight is found to be **either** over or under that weight class in which they have registered to compete, he/she will be disqualified from further competition that day.

Competitors **unable to make their weight prior to the beginning of competition may**, with the permission of the tournament director, move into another weight division other than that for which they had registered.

Section 2: National Competition

All competitors weight must be verified within 48 hours of the start of the event.

- 1) A weight may be measured twice if necessary to make weight. The second reading of a competitors weight may take place any time during the posted weigh-in times.
- 2) During the weigh-in, the contestant may be required to verify his/her membership in the United States AAU and provide proof of age.
- 3) Weigh-ins shall be taken in full dobok (uniform) or street clothes.
- 4) Competitors unable to make the weight for which they registered **MAY BE DISQUALIFIED!**
- 5) When possible, athletes who are unable to make weight may be moved **UP** in weight, age, or belt class in order to participate in competition. However, **in no case** will an athlete be allowed to move **down in weight class from that which they have registered to compete in.**

## GENERAL RULES AND REGULATIONS FOR POINT SPARRING

### Article 1: Protective Equipment

Section 1: Mandatory--All competitors must wear a mouthguard, full hand and foot protectors (RED foam dipped/vinyl only) and full head gear including a padded top (RED OR WHITE dipped foam only). Headgear, which includes padding under and around the chin, WILL NOT BE ALLOWED. Male competitors must also wear groin cup and supporter on the inside of the dobok. Safety equipment may not be taped for any reason.

Section 2: Optional – Competitors may wear cloth or foam shin, shin/instep, forearm, foam-dipped breast (women) and foam-dipped rib protectors at their discretion. All optional equipment must be worn under the dobok.

Section 3: A competitor has 2 minutes to comply with sections 1 & 2 above, or face disqualification.

### Article II: Personal Requirements

Competitors shall keep their nails cut short and are forbidden to wear any metallic article. Any competitor whose hair, in the opinion of the referee/judges, is so long as to risk causing inconvenience to other competitors shall be required to tie it back securely. Any competitor who cannot meet these requirements within 2 minutes shall be disqualified.

Section 1: Personal Hygiene – The personal hygiene of all competitors shall be of the highest standard. Any competitor wearing an excessively unkempt or dirty uniform will be required to change it immediately (within two minutes). If the competitor cannot or will not comply, the referee shall declare the opponent the winner.

Section 2: Eyeglasses – Only 'sport' eyeglasses will be allowed in sparring competition. Soft contacts are highly recommended.

Section 3: Drugs – The administration or use of any drugs (except antibiotics or other medically prescribed therapeutics), alcohol, stimulants, or injections in any part of the body, either before or during a match, to or by any contestant is absolutely prohibited. Any contestant violating this rule will be disqualified.

## Article III: Officials (Referees, Judges, Head of Court and Assistants)

### Section 1: Duties

#### A) The Referee shall:

- 1) Make every effort to insure the safety of the competitors.
- 2) Control the competition.
- 3) Physically inspect the competitors before the match.
- 4) Give pre-competition instructions when necessary, declare the end of the match, and give warnings and commands such as break and continue.
- 5) Call the deduction of points, disqualifications and cast a vote for points as he/she sees fit.
- 6) Stop the time-keepers clock when necessary.
- 7) State his/her opinion about decisions, deduction of points, warnings, and the winner when requested by the head of court and/or arbitration committee.
- 8) Verify that the recorded scores are correct prior to the awarding of the match.

#### B) The Judges shall:

- 1) Be seated at each corner of the ring and assist the referee as needed.
- 2) Cast a vote for point through the use of the flag as each occurs.
- 3) Offer an opinion on disqualification and minus points.
- 4) Indicate by use of hand signal when face contact is made upon request of center referee.

#### C) The Head of Court shall:

- 1) Consult with the referee and judges when necessary.
- 2) Inspect the score card for accuracy.
- 3) Decide the winner only on the basis of the score-card and inform the referee.
- 4) In the case of questions, the head of court should consult with the appropriate judge or referee.
- 5) Sign each contested match's score card and present same to the protest committee in the case of a protested match.
- 6) Oversee scorekeeper and timekeeper.

#### D) Assistants – Timekeeper, Weigher and Recorder shall:

- 1) The timekeeper shall be responsible for keeping the official time by starting and stopping the clock on the referee's orders and announce the expiration of the official time period.

**NOTE: The timekeeper notifies the referee when time has expired, but the match remains in progress until the referee stops the match; i.e., points can be awarded, as well as deduction points assessed until the center official stops the match.**

- 2) The weigher shall determine competitors' weights according to regulations set down by the tournament director.
- 3) The recorder shall keep an accurate record of each warning, minus point, point and disqualification as awarded by a majority of the four judges and referee.

#### Article IV. Official Signals and Language

Officials shall use authorized gestures and terminology, as indicated below during the competition.

##### Section 1: Referee

###### A) Before the Match:

Standing at his mark in the ring, the referee with both arms bent at the elbow and the index fingers of both hands pointing straight up, calls the competitors to their marks by saying "Chung" (blue) and pointing the right index finger down to a 45 degree angle and slightly forward towards the athlete's mark in the ring, and then repeating the same procedure with the left hand for "Hong." (red)

The referee shall raise both arms, hands open and palms forward, to shoulder level with the forearms bent vertically at the elbows facing the head of court and say "Charyeut" (attention), to indicate that the competitors should face the head of court at attention.

Next the referee shall extend the arms straight forward with the palms down parallel to the floor at shoulder level while saying "Kyung Yea" (bow) to indicate that the competitors should bow to the head of court.

The Referee shall then bring the forearms back to the original position this time with the palms facing inward and say "Jwa-woo-wang-woo" to indicate that the competitors should face each other. Then to indicate that the competitors should bow, the referee shall bring both arms down parallel to the floor across the chest, while saying "Kyung-yea" (bow).

The referee shall then physically examine the two competitors (Blue first) to insure that all the requirements listed in Articles I & II above have been followed. The referee shall then assume a front stance, left foot forward, and execute a shoulder level right knifehand downward strike between the opponents while commanding, "Junbee" (ready).

###### B) To Start the Match:

With the left arm straight up, finger or fingers raised, while the right knifehand strike is still held in position, the referee shall say, "Il Hoe Jun" (round 1) or "E Hoe Jun" (round 2) the referee shall extend both arms out to the side at a 45 degree angle, then pulling the left foot back to a "cat stance" simultaneously bringing the arms in parallel to the floor, shoulder-width apart, palms facing inward and command "Shijak." (begin)

###### C) To Temporarily Halt the Match:

The referee shall say "Kalyeo" (break) while extending the right hand in a sharp, shoulder-level knifehand downward strike between the opponents while standing in a left foot forward walking stance.

###### D) To Temporarily Halt the Match for a Point Call:

The referee shall say "kalyeo" (Break), bring both competitors back to the center of the ring, stand between them with both arms parallel to the floor, palms down and fingertips touching and command "Call".

- 1) Upon his own command for "Call" the referee shall indicate his vote for point by extending either arm in the direction of the contestant who he/she thinks scored a valid point with palms up.

- 2) Corner judges must indicate by use of flags whether a point was scored and by which player.

- 3) Upon verification that a point(s) was/were scored, the center referee will look at the scorekeeper and with the arm nearest the competitor scoring the point(s) will bend the elbow and extend the index finger towards the scorekeeper (similar to scolding a child) and announce the player's color – either "chung" (blue) or "hong" (red) – and announce the number of points to be recorded. He will use that same arm that is nearest the competitor who scored the point(s) and cross it across his own chest to the shoulder opposite the player scoring the point(s) and then sharply extend the arm with the number of points scored by extending that many fingers over the scoring competitor's head.

- 4) The scorekeeper will repeat EXACTLY what the center referee just announced and record the points on the scoresheet.

###### E) To Award a Half-Point Deduction:

The referee shall call both competitors back to their starting positions, point to the perpetrator of the offense, declare verbally what the infraction was, step forward into a front stance position and announce aloud "Half-Point Deduction Blue (or Red)".

###### F) To award a Full Point Deduction:

The referee shall call both competitors back to their starting positions, point to the perpetrator of the offense, declare verbally what the infraction was, point straight up towards the ceiling with index finger raised and announce aloud "Full point deduction Blue (or Red)".

Any legal technique that is executed with a prohibited act before or after execution shall not be scored, the point must be waved off by the referee and the appropriate half-point or full-point deduction should be called.

###### G) To Continue the Match:

The referee shall say "Kae Sok" (continue) while striking sharply downward from the ear with a right knifehand and returning upward again.

###### H) To Reverse a Violation Call:

The Referee shall repeat the wrong violation call, then wave the opposite hand three times extended over his/her head to signal that the previous violation call has been nullified. The Referee shall then execute the correct violation call.

## I) To End the Match:

The referee shall say “Keu-man” (stop) and then reposition the competitors in the starting position. The referee shall approach the head of court's table and be informed of the winner. The referee will then bow the competitors out in the reverse order used to bow them in using the same gestures and commands that were originally used (see Article IV Section 1: Referee a) Before the Match); first the referee has the competitors bow to each other and then to the head of court. The referee shall then raise the right arm and knifehand up at a 45-degree angle with the palm facing upward and declare “Chung Sung” if blue is the winner, and, if red is the winner, declare “Hong Sung” using the same procedure with the left hand.

## Section 2: Judges

## A) To Temporarily halt the match for a point call:

The judge shall Ki-hap (yell) loudly while raising his/her flag to a position parallel to the floor at chest level. Any judge who sees a point should ki-hap and raise his/her flag to a position parallel to the floor at chest level regardless of the number of other officials who do so.

## B) To Make a Call:

The judge shall use the flag with the appropriate colored end in the same manner as the Center Referee uses his hand.

## C) To Confer with the Center Referee:

The judge shall Ki-hap loudly and stand.

## Section 3: Head of Court

To interrupt the match, the Head of Court shall rise from his/her seat and Ki-hap loudly. The Head of Court shall then indicate to the referee the reason for stopping the match (time must be halted).

**Article V. Awarding of Points**

Section 1: In order for a point to be awarded a majority of the judges and referee must concur( 3 out of the five).

## A) In the case of 3 judges calling for point:

If 2 call for 2 pts. and 1 calls for 1 pt., two (2) points shall be awarded.

## B) In the case of 4 judges calling for point:

If 2 call for 2 pts. and 2 calls for 1 pt. , one (1) point shall be awarded.

**Article VI. Age, Belt, and Weight Divisions**

Section 1: Competition shall be divided by Age, Belt, Weight, and Sex.

Section 2: AGE DIVISIONS	RECOMMENDED	WEIGHT DIVISIONS
5 Boys	Light & Heavy	45 lb. Break
5 Girls	Light & Heavy	45 lb. Break
6 & 7 Boys	Light & Heavy	50 lb. Break
6 & 7 Girls	Light & Heavy	50 lb. Break
8 & 9 Boys	Light & Heavy	65 lb. Break
8 & 9 Girls	Light & Heavy	65 lb. Break
10 & 11 Boys	Light & Heavy	80 lb. Break
10 & 11 Girls	Light & Heavy	85 lb. Break
12 & 13 Boys	Light & Heavy	110 lb. Break
12 & 13 Girls	Light & Heavy	110 lb. Break
14 & 15 Boys	Light	Less than 115 lbs.
14 & 15 Boys	Middle	115 –155 lbs.
14 & 15 Boys	Heavy	156 & Up
14 & 15 Girls	Light	Less than 106 lbs.
14 & 15 Girls	Middle	106 –136 lbs.
14 & 15 Girls	Heavy	137 & Up
16 & 17 Boys	Light	Less than 135 lbs.
16 & 17 Boys	Middle	135-165 lbs
16 & 17 Boys	Heavy	166- & Up
16 & 17 Girls	Light	Less than 115 lbs.
16 & 17 Girls	Middle	115 –145 lbs.
16 & 17 Girls	Heavy	146 - & Up
18 – 34 Male	Light	Less than 151 lbs.
18 – 34 Male	Middle	151-175 lbs.
18 – 34 Male	Heavy	176- & Up
18 – 34 Female	Light	Less than 121lbs.
18 – 34 Female	Middle	121-150 lbs.
18 – 34 Female	Heavy	151- & Up
Senior Men	Light & Heavy	165 lb. Break
Senior Women	Light & Heavy	135lb.Break
Executive Men	Light & Heavy	165lb.Break
Executive Women	Light & Heavy	135lb. Break

**Section 3: Colored Belt Divisions**

All age divisions shall consist of the following colored belt divisions:

Novice	White, Yellow and Orange belts
Intermediate	Green, Blue and Purple belts
Advanced	Red and Brown belts only
Black Belts	

The sponsoring organization has the option of dividing each belt division into further weight classes (i.e. light, middle, and heavy) depending on the number of competitors in each division. The maximum number of weight classes will be at the discretion of the tournament director. The sponsoring organization may also further divide belt classes (i.e. separate White and Yellow Belt Divisions).

If the number of competitors for any one division is less than eight (8), the sponsoring organization has the option of combining any two (2) or three (3) age groups into a single group and assigning the divisions of novice, intermediate, advanced and Black.

**Article VII: Duration of Competition**

Section 1: All colored belt matches shall consist of two (2) 90 second rounds with a thirty(30) second rest between rounds.

Section 2: All Black belt matches shall consist of two (2) two minute rounds with a thirty(30) second rest between rounds.

Section 3: When Red/Brown belts are combined with Black belts all matches shall consist of two (2) 2-minute rounds with a thirty (30) second rest between rounds.

Section 4: Competitors shall be allowed a full two-minute rest between semi-final and final matches.

**Article VIII: Authorized Implements for Scoring Points**

Section 1: Hand-Closed Fist (Forefist and Backfist) and reverse knife-hand (a.k.a. ridge-hand). All other hand techniques will be considered unauthorized and subject to applicable deductions.

Section 2: Foot – Any part of the foot below the ankle.

**Article IX: Authorized Area for Scoring Points**

Section 1: Head Area: Only that area of the head protected by the head gear shall be considered a legal target area including that area of the forehead covered by the gear. **The facial area shall NOT be a target area!**

Section 2: Body Area: Includes the area of the body from the collarbone to the navel in the front and to the "posterior axillary line" on both sides (i.e. to the imaginary line drawn down the side from the back crease of the armpit).

**Article X: Illegal Target Areas**

Section 1: Illegal target areas shall include, but are not limited to:

- The face mask area.
- The neck and throat.
- The back, including the kidney area.
- The groin.
- The joints.
- The legs.

**Article XI: Points (valid scores)**

Section 1: One point shall be awarded for any valid hand or foot technique executed to the legal body area.

Section 2: One point shall be awarded for any legal hand technique executed to the legal head area.

Section 3: Two points shall be awarded for any legal foot technique executed to the legal head area.

In order to score, the legal scoring implement must be executed with good balance and form and touch the legal target area with sufficient firmness.

A majority of the judges and referee **must** also concur that a valid point was indeed scored.

**Article XII: Referee Stops Contest**

Section 1: The Referee may stop any match under the following circumstances:

- When the referee or tournament physician determines that a contestant should not continue for safety reasons.
- When the contestant's coach throws in a towel to stop the fight.
- When a contestant or coach disregards a referee's command.

**Article XIII: Action taken by Referee in the Case of an Injury**

a) The referee shall immediately call "time-out" and attend to the needs of the injured contestant and immediately call for medical assistance.

b) If a contestant is injured due to an infraction of the rules by the opponent and cannot continue, then he/she shall be declared the winner.

c) If both competitors are injured and cannot continue the match, the contestant leading on score card shall be declared the winner. If score is tied and both cannot continue, then the judging panel must render a decision based on fighting spirit, superiority of tactics, and superiority of techniques.

d) If a contestant wins (2) two matches through injury, he/she must withdraw.

e) If a contestant is unable or chooses not to continue the match within one minute of receiving a legal technique to a legal target area than he/she shall be declared the loser by withdrawal.

**Article XIV: In the Case of a Tie at the End of Regulation Time:**

If at the end of regulation time the score is tied, then the competitors shall continue the match until the first change in score. This may occur through the actual scoring of a point or the awarding of a full or half-point deduction.

**Article XV: Decision**

Section 1: Determination of the winner shall be made as follows:

- a) Disqualification of the opponent.
- b) Withdrawal of the opponent.
- c) Points.
- d) Deduction Points.
- e) Referee Stops Contest.

**Article XVI: Prohibited Acts**

Section 1: Half Point Deductions

The referee shall warn the competitor and impose a half point deduction when any of the following violations is committed. The referee shall temporarily halt the match to declare the half point deduction.

- a) Pushing or holding the opponent.
- b) Escaping from fighting by turning his/her back to the opponent.
- c) Voluntarily stepping out of bounds to avoid competition.
- d) Attacking with an unauthorized implement (i.e. knee, elbow).
- e) Attacking an unauthorized area (i.e. groin, back).
- f) Stalling.
- g) Presenting a defenseless posture to opponent.
- h) Interruption by the athlete's coach by word or deed.
- i) Attacking from the ground.

Section 2: Full Point Deductions

The following prohibited acts shall be subject to a deduction of one full point. The referee shall temporarily halt the match to announce the deduction of one full point.

- a) Attacking a fallen opponent.
- b) Making contact with an unauthorized implement.
- c) Making non-incident contact to an unauthorized area.
- d) Intentional attack after the referee's "Stop" command.
- e) Excessive contact (may also result in disqualification).
- f) Throwing the opponent.
- g) Uncontrolled attack.
- h) Pretending injury.
- i) Discourteous behavior on the part of the contestant or coach.

**Any combination of half point or full point deductions which brings the total of "minus" points to three (3) shall cause that competitor to be declared the loser.**

## Section 3: Automatic Disqualification

- a) Injuring the opponent's face or neck.\*
- b) Injuring the opponent by a malicious\*\* or excessive attack.
- c) Injuring and or rendering an opponent unable to continue by using an unauthorized attacking implement or by attack to an unauthorized area.
- d) Significant unsportsmanlike conduct on the part of the contestant or coach.
- e) Accumulation of three penalty(minus) points.

\* - Drawing blood does NOT automatically infer that the attack was excessive or malicious, nor that the face or neck was, indeed, injured.

\*\* - The referee and judges by consensus and with the confirmation of the head of court shall determine if the attack was malicious or excessive.

**Article XVII: Protests**

Section 1: In case there is an objection to a decision immediately after the competition, the appointed coach representing the athlete may file a written protest to the Chief Arbitrator or Director of the National Referee's Program along with a fee of \$25.00. The protest will be submitted on the official protest form. (See Appendix B)

Section 2: Deliberation Process

- a) After reviewing the protest application, the content of the protest must be arranged according to the criterion of "acceptable" or "unacceptable".
- b) If necessary, the Arbitrator can hear opinions from the Referees, Judges, or Head of Court.
- c) If necessary, the Arbitrator can review the material evidence of the decisions, such as the written data (score sheets). Videotapes WILL NOT be admitted as evidence to confirm or disconfirm the protest.
- d) Errors in determining the match results: Mistakes in calculating the match score or misidentifying a contestant shall result in the decision being reversed.
- e) Error in application of rules: When it is determined by the Arbitrator that the Referee made a clear error in applying the competition rules, the outcome of the error shall be corrected and the Referee shall be disciplined.
- f) Errors in factual judgment: When the Arbitrator decides that there was clearly an error in judging the facts such as impact of striking, severity of action or conduct, intentionally, timing of an act in relation to a declaration or area, the decision shall not be changed and the officials who have made the error shall be disciplined.
- g) The decision of the arbitrator will be final and there will be no means of further appeal.

## GENERAL RULES AND REGULATIONS FOR OLYMPIC-STYLE SPARRING

**Article I. Protective Equipment**

Section 1: Mandatory - All competitors must wear an Olympic style chest protector, headgear (White ONLY), shin & instep protectors (white only), and forearm protectors (white only) and mouthguard. Shin & instep and forearm protectors must be worn underneath the dobok. Males and females are required to wear groin protection (hard cup for males; soft material for women) on the inside of their dobok.

**Article II. Personal Requirements**

Section 1: Competitors shall keep their nails short and are forbidden to wear any metallic article that may injure or endanger an opponent. Any competitor whose hair, in the opinion of the referee/judges, is so long as to risk causing inconvenience to other competitors shall be required to tie it back securely. Competitors have 2 minutes to comply with these requirements, or face disqualification.

Section 2: Metallic Articles - the phrase "metallic articles" includes all hard objects which may cause injury. It is not sufficient to cover a hard or metallic article such as a ring with tape or other covering. Eyeglasses are not allowed in sparring competition. Soft contact lenses are recommended.

Section 3: Personal Hygiene - the personal hygiene of all competitors shall be of the highest standard. Any competitor wearing an excessively unkempt or dirty uniform will be required to change it immediately (i.e., within two minutes). If the competitor cannot or will not comply, the referee shall declare the opponent the winner.

Section 4: A maximum of two (2) layers of tape are allowed except in the case of an injury. For an injury, the minimum amount of tape that will protect the area should be used. If there is a question, the referee should have the wrapping examined and approved by the tournament physician. Under no circumstances will a hard splint or cast, no matter how small be allowed.

Section 5: Drugs - the administration or use of any drugs (except antibiotics or other medically prescribed therapeutics), alcohol, stimulants, or injections in any part of the body, either before or during a match, to or by any contestant is absolutely prohibited. Any contestant violating this rule will be disqualified.

**Article III: Ring Dimensions**

In principle, rings shall be 12 meters by 12 meters with a 1 meter inside warning track, for all AAU National Taekwondo tournament competition. Regional and Association events must maintain a competition area of at least 20' X 20' with a 2' inside warning track.

**Article III: Officials (Officials, Judges, Head of Court, and Assistants)**

## Section 1: Duties

## A) The Referee shall:

- 1) Control the competition.
- 2) Physically inspect the competitors before the match.
- 3) Give pre-competition instructions when necessary, declare the beginning and the end of the match, and give warnings and commands such as "Kalyeo" (break) and "Kaesok" (continue).
- 4) Announce the deduction of points and disqualifications, announce verbally invalid scores, and maintain control of the ring.
- 5) Make every effort to ensure the safety of the competitor.
- 6) Stop the time-keeper's clock when necessary.
- 7) State his/her opinion about decisions, deduction of points, warnings, and the winner, when requested by the head of court.
- 8) The Referee may stop the match in order to consult with the Judges to determine whether a mismatch should be declared. This decision requires a majority agreement of the Judges and final verification of the head of court.
- 9) Collect the score cards from the judges and submit them to the head of court at the end of each round.
- 10) Once the head of court has determined that the score is tied, then the referee shall apply the rules of superiority.

## B) Judges shall:

- 1) Be positioned in an equilateral triangle – one on each back corner and one where the head of court normally would be.
- 2) Record points, warnings, infractions, and disqualifications on the scorecard.
- 3) Deliver the completed scorecard to the referee following the end of each round.
- 4) State their opinions forthrightly when requested by the referee.

## C) Head of Court shall:

- 1) Consult with the referee and judges when necessary.
- 2) Inspect the scorecards for accuracy and consistency (i.e., all deductions are properly recorded) and award points only when at least two judges determine that a point should be awarded. Check for the judge's signature and, in the case of questions, the head of court should consult with the appropriate judge and/or referee.
- 3) Decide the winner only on the basis of the judges' scorecards and inform the referee. The head of court may request a replacement of the referee and/or judge(s) by the tournament committee.

4) In the event of a protest, the head of court shall sign the judges' scorecards (and the referee's scorecard, if applicable) from the disputed match and submit them to the tournament committee. A protest can only be raised by the competitor's coach who must be a AAU member and a currently certified coach of the AAU. The tournament committee shall review the scorecards and render a final decision, which must be certified by each member of the committee.

## D) Assistants - Time-keeper, weigher, and recorder shall perform the following functions:

- 1) The timekeeper shall be responsible for keeping the official time by starting and stopping the clock on the referee's orders, and for announcing the expiration of the official time period. **NOTE: The timekeeper notifies the referee when time has expired, but the match remains in progress until the referee stops the match; i.e., points can be awarded, as well as deduction points assessed until the center official stops the match.**
- 2) The weigher shall determine the competitors' weights according to regulations and in the presence of a designated AAU certified referee.
- 3) The recorder shall keep a record of the results of each contest (win, loss).

**Article IV. Official Signals and Language**

Officials shall use authorized gestures and terminology, as indicated below during the competition.

## Section 1: Referee

## A) Before the Match:

Standing at his mark in the ring, the referee with both arms bent at the elbow and the index fingers of both hands pointing straight up, calls the competitors to their marks by saying "Chung" and pointing the right index finger down to a 45 degree angle and slightly forward towards the athlete's mark in the ring, and then repeating the same procedure with the left hand for "Hong."

The referee shall raise both arms, hands open and palms forward, to shoulder level with the forearms bent vertically at the elbows facing the head of court and say "Charyeut" (attention), to indicate that the competitors should face the head of court at attention.

Next the referee shall extend the arms straight forward with the palms down parallel to the floor at shoulder level while saying "Kyung Yea" (bow) to indicate that the competitors should bow to the head of court.

The Referee shall then bring the forearms back to the original position this time with the palms facing inward and say "Jwa-woo-wyang-woo" to indicate that the competitors should face each other. Then

to indicate that the competitors should bow, the referee shall bring both arms down parallel to the floor across the chest, while saying "Kyung-yea" (bow).

The referee shall then physically examine the two competitors (Blue first) to insure that all the requirements listed in Articles I & II above have been followed. The referee shall then assume a front stance, left foot forward, and execute a shoulder level right knife-hand downward strike between the opponents while commanding, "Junbee".

**B) To Start the Match:**

With the left arm straight up, finger or fingers raised, while the right knifehand strike is still held in position, the referee shall say, "Il Hoe Jun" (round 1) "E Hoe Jun" (round 2) or "Sam Hoe Jun" (round 3 for applicable divisions), the referee shall extend both arms out to the side at a 45 degree angle, then pulling the left foot back to a "cat stance" simultaneously bringing the arms in parallel to the floor, shoulder-width apart, palms facing inward and command "Shijak."

**C) To Temporarily Halt the Match:**

The referee shall say "Kalyeo" while extending the right hand in a sharp, shoulder-level knifehand downward strike between the opponents while standing in a left foot forward walking stance.

**D) To Award a Half-Point Deduction:**

The referee shall break the competitors with the "Kalyeo" command and, at the spot where the violation took place, face the perpetrator of the offense, acknowledge them with either "chung" or "hong", signal what the infraction was by use of the internationally recognized hand signals, and declare "Kyong-go."

**E) To award a Full Point Deduction:**

The referee shall break the competitors with the "Kalyeo" command and, at the spot where the violation took place, face the perpetrator of the offense, acknowledge them with either "chung" or "hong", signal what the infraction was by use of the internationally recognized hand signals, and declare "Gamjeom."

**F) To Continue the Match:**

The referee shall say "Kae Sok" while striking sharply downward from the ear with a right knifehand and returning upward again.

**G) To End the Match:**

The referee shall say "Keu-man" (stop) and then reposition the competitors in the starting position. The referee will then bow the competitors out in the reverse order used to bow them in using the same gestures and commands that were originally used (see Article IV Section 1: Referee a) Before the Match); first the referee has the competitors bow to each other and then to the head of court and then he sends them to their coaches by fully extending both arms out to the sides from the shoulders with the palms open and the hands bent to a 90 degree angle to the arms. The judges then bring the completed scorecards to the referee who then approaches the head of court's table, bows and then presents them to the head of court. When the head of court determines the winner, and informs the referee, the referee shall then return to his place and call out the competitors using the same hand signal that was used to bring them out originally. The referee shall then stand between the two competitors, face the head of court, raise the right arm and knife-hand up at a 45 degree angle with the palm facing upward and declare "Chung Sung" if blue is the winner, and, if red is the winner, declare "Hong Sung" using the same procedure with the left hand.

**Article V. Weight Divisions & Age Divisions**

Section 1: Adult Black Belt Males	(18-34)
Junior Black Belt Males	(14-17)
Fin Weight	Under 118.9 lbs.
Fly Weight	118.9-127.6 lbs.
Bantam Weight	127.7-136.4 lbs.
Feather Weight	136.5-147.4 lbs.
Light Weight	147.5-158.4 lbs.
Welter Weight	158.5-171.6 lbs.
Middle Weight	171.7-184.8 lbs.
Heavy Weight	Over 184.8 lbs.
Section 2: Adult Colored Belt Males	(18-34)
All Senior Men	(35-44)
All Executive Men	(45 years and up)
Junior Colored Belt Males	(14-17)
	Under 127.7 lbs.
	127.7-147.4 lbs.
	147.5-171.6 lbs.
	Over 171.6 lbs.

Section 3: Adult Black Belt Females	(18-34)
Junior Black Belt Females	(14-17)
Fin Weight under	103.5 lbs.
Fly Weight	103.5-112.2 lbs.
Bantam Weight	112.3-121 lbs.
Feather Weight	121.1-129.8 lbs.
Light Weight	129.9-138.6 lbs.
Welter Weight	138.7-147.4 lbs.
Middle Weight	147.5-158.4 lbs.
Heavy Weight	Over 158.4 lbs.

Section 4: Adult Colored Belt Females	(18-34)
All Senior Women	(35-44)
All Executive Women	(45 years and up)
Junior Colored Belt Females	(14-17)
Under 112.3 lbs.	
112.3-129.8 lbs.	
129.9-147.4 lbs.	
Over 147.4 lbs.	

#### Article VI. Duration of Competition

- Section 1: All colored belt matches shall consist of two (2) 90 second rounds with a thirty (30) second rest between rounds.
- Section 2: All preliminary Black belt matches shall consist of two (2) two-minute rounds with a thirty (30) second rest between rounds. For National Championship and Junior Olympic Games Competition ONLY, Black belt finals matches (14-17 and 18-34) shall be three 2-minute rounds with a 1-minute rest between rounds.
- Section 3: When Red/Brown belts are combined with Black belts all matches shall consist of two (2) 2-minute rounds with a thirty (30) second rest between rounds.
- Section 4: Competitors shall be allowed a full two-minute rest between semi-final and final matches.

#### Article VII. Authorized Implements for Scoring Points

- Section 1: Fore Fist (no open hand, knife hand, ridge hand, or palm heel strikes are allowed).
- Section 2: Foot (any part of the foot below the ankle).

#### Article VIII. Authorized Areas for Scoring of Points

- Section 1: Facial Area (Foot Only): includes the entire face and neck from the top of the forehead, in front of the ears, down to the collarbone.
- Section 2: Trunk: Attack by fist and foot techniques on the areas covered by the trunk protector are permitted. However, such attacks shall not be made on the part of the back not covered by the trunk protector.

#### Article IX. Points (Valid Scores)

Points shall be awarded if executed with proper balance, power, and technique. NOTE: To be scored as a point, a punch or a kick to the body must be sufficiently powerful to produce a "significant impact" while the attacker maintains good balance and form; a kick to the head must be firm while the attacker maintains good balance and form.

- Section 1: a) One point for attack on trunk protector  
b) Two points for attack (foot) to the face  
c) One additional point shall be awarded in the event that the contestant is knocked down and the referee counts.
- Section 2: Points shall be awarded when permitted techniques are delivered accurately and powerfully to the legal scoring areas of the face or body. However, when a contestant is knocked down as a result of an opponent's attack on the part of the chest protector which is not of the legal scoring area (front and side), such a technique shall be regarded as a point.
- Section 3: Invalidation of points: When the following are committed, the delivered technique will not be scored.  
a) Intentionally falling down, immediately after delivery of the legitimate technique.  
b) Committing an illegal act after delivery of the legitimate technique.  
c) Use of any of the prohibited acts.

#### Article X. Definitions

- Section 1: Knock Down  
a) When any part of the body of a contestant other than the feet touches the floor due to the force of the opponent's delivered technique.  
b) When a contestant is staggered showing no intention or ability to pursue the match.  
c) When the referee judges that the contest cannot continue as the result of any power technique having been delivered.
- Section 2: Knock Out  
A Knock out is declared when a contestant cannot continue the match after the referee's "Ueol" (ten) count.
- Section 3: Referee Stops Contest (R.S.C.)  
a) When the referee or tournament physician determines that a contestant should not continue.  
b) When the contestant's coach throws in a towel to stop the fight.  
c) When a contestant protests a referee's call and does not continue the contest at the referee's command within one minute.

**Article XI: In the Case of a Knockdown**

Section 1: The Referee shall:

- 1) Stop the attacking fighter by commanding “kalyeo” and keep the two competitors apart.
- 2) Count aloud from one to ten, at one second intervals, making the appropriate hand signals indicating the passage of time. There is a mandatory eight count.
- 3) Declare the opponent the winner (by knockout) when the fallen or stunned competitor fails to recover by the count of ten.
- 4) If the downed contestant stands up and is recovered by the count of eight, the referee shall ascertain his/her desire to resume the fight. If the downed or stunned contestant then immediately resumes a fighting posture, has clear eyes, and is apparently in full control of his/her faculties, then the referee shall continue the contest by announcing “Kae Sok”.
- 5) The referee shall continue the count regardless of the end of the round or the contest time. If the fallen contestant does not stand up or recover by the count of ten, the referee shall announce the opponent winner (by a knockout).
- 6) In case both contestants are downed, and one of them recovers, the referee shall continue the count as long as the other contestant remains downed.
- 7) In case both contestants are downed and fail to recover by the count of ten, the winner shall be decided by the points scored before the knockdowns.

Section 2: **Procedures to be followed after knock out.**

In the case of a knock out by head attack, the competitor may not enter another competition until after 30 days and after receiving a physical examination and clearance from a physician.

**Article XII. Procedures for Suspending the Match**

The following procedures are used to stop the match for non-injury time such as equipment adjustment, removal of foreign objects from competition floor, etc. or for an injury that is not defined as a knockdown such as accidental falling or an injury from a prohibited act.

Section 1: To suspend a match for any reason other than injury the referee shall:

- a) Declare “Kalyeo” to stop the competitor action.
- b) Order the timekeeper to suspend the time by declaring “Shigan” using the proper hand signal.

Section 2: To suspend a match for injury the referee shall:

- a) Declare “Kalyeo” to stop the competitor action.
- b) Order the timekeeper to suspend match time and start injury time by declaring “Kyeshi” using the proper hand signal. (Kyeshi time shall not exceed one (1) minute).
- c) Allow the injured competitor to receive first aid (within one minute).

Section 3: If the injured competitor cannot continue the match after one (1) minute the referee shall:

- a) Declare the injured competitor the loser if the injury was not the result of an attack.
- b) Declare the injured competitor the loser if the injury was the result of an act that would not have resulted in a penalty for the attacking competitor.
- c) Declare the injured competitor the loser if the injury was the result of a prohibited act that would have been assessed a Kyung-go penalty.
- d) Declare the injured competitor the winner if the injury was the result of a prohibited act that would have been assessed a Gamjeom penalty.
- e) Declare a winner based on the score before the injury if both contestants are injured and cannot continue.
- f) Consult with the judges if necessary to make a decision.

**Article XIII. The Rules of Superiority**

- 1) In the event of a tie score, the head of court shall eliminate any deduction points and the winner shall be the competitor who scored the most valid points throughout the two rounds (the valid point has the highest priority).
- 2) In the event of a tie score and there are no deduction point to eliminate or the score is still tied after the elimination of deduction points, the referee shall decide the winner based on superiority throughout the match.
- 3) The decision of superiority shall be made on the basis of the initiative shown during the match. The meaning of “initiative” is technical dominance of an opponent through aggressive match management.

**Article XIV. Decision**

Determination of the winner shall be made as follows by:

- A) Win by K.O.
- B) Win by Referee stopping the contest(RSC).
- C) Win by Score or Superiority.
- D) Win by Withdrawal.
- E) Win by Disqualification.
- F) Win by Referee's punitive declaration.

**Article XV. Prohibited Acts**

- Section 1: Penalties on any prohibited acts shall be declared by the Referee.
- Section 2: In the case of multiple penalties being committed simultaneously, the heavier penalty shall be declared.
- Section 3: Penalties are divided into Kyonggo (1/2 point) and Gamjeom (full point) deductions.
- Section 4: Two Kyonggos shall be counted as a deduction of one point. However, the last odd kyonggo shall not be counted in the grand total.
- Section 5: A Gamjeom shall be counted as a minus one point. All Gamjeoms are counted in the grand total.
- Section 6: Kyonggo Penalty-Half Point Deductions
- A) Interference with the progress of the match
    - 1) Crossing the boundary line
    - 2) Falling down
    - 3) Evading by turning the back to the opponent
  - B) Undesirable Acts
    - 1) Grabbing the opponent
    - 2) Holding the opponent
    - 3) Touching the opponent with the hand or the trunk
    - 4) Pretending injury
    - 5) Butting or attacking with the knee
    - 6) Attacking the groin
    - 7) Stamping or kicking any part of the leg or foot
    - 8) Hitting the opponent's face with the hands or fist
    - 9) Interrupting the progress of the match on the part of the contestant or coach
    - 10) Avoiding the match
- Section 7: Gamjeom Penalty-Full Point deductions
- A) Interference with the progress of the match
    - 1) Throwing down the opponent by grappling the opponent's attacking foot in the air with the arm or by pushing the opponent with the hand
    - 2) Intentionally attacking the fallen opponent after the declaration of "Kalyeo"
    - 3) Intentionally attacking the opponent's face with the fist
  - B) Undesirable Acts
    - 1) Temporary suspension of the match due to violent remarks or behaviors on the part of the contestant or coach
- Section 8: When a contestant refuses to comply with the competition rules or the Referee's order intentionally, the Referee may declare the contestant loser by penalties after one minute.

- Section 9: Any combination of half point or full point deductions which brings the total of "minus" points to three (3) shall cause that competitor to be declared the loser.
- Section 10: To reverse a violation call the referee shall repeat the wrong signal, then sway the right palm twice horizontally from right to left as wide as the shoulders while facing the Head of Court table. He will then declare the proper infraction.

**Article XVI: Situations Not Covered By Rules**

- Section 1: AAU rules will preside at all AAU sanctioned events.
- Section 2: If a situation is not covered by the AAU rules, the Tournament Committee will provide a ruling.

**Article XVII: Protests**

- Section 1: In case there is an objection to a decision immediately after the competition, the appointed coach representing the athlete may file a written protest to the Chief Arbitrator or Director of the National Referee's Program along with a fee of \$25.00. The protest will be submitted on the official protest form. (See Appendix B)
- Section 2: Deliberation Process
- A) After reviewing the protest application, the content of the protest must be arranged according to the criterion of 'acceptable' or 'unacceptable'.
  - B) If necessary, the Arbitrator can hear opinions from the Referees, Judges, or Head of Court.
  - C) If necessary, the Arbitrator can review the material evidence of the decisions, such as the written data (score sheets). Videotapes WILL NOT be admitted as evidence to confirm or disconfirm the protest.
  - D) Errors in determining the match results: Mistakes in calculating the match score or misidentifying a contestant shall result in the decision being reversed.
  - E) Error in application of rules: When it is determined by the Arbitrator that the Referee made a clear error in applying the competition rules, the outcome of the error shall be corrected and the Referee shall be disciplined.
  - F) Errors in factual judgment: When the Arbitrator decides that there was clearly an error in judging the facts such as impact of striking, severity of action or conduct, intentionally, timing of an act in relation to a declaration or area, the decision shall not be changed and the officials who have made the error shall be disciplined.
  - G) The decision of the arbitrator will be final and there will be no means of further appeal.

**Article XVIII. Safety Rules Governing Olympic-Style Sparring for Junior Competitors**

The following special section of the Competition Rules shall apply to youths (5-13 years of age all belts, and 14-17 year old colored belts) competing in the Olympic-Style Division.

## Section 1: General Rules

1) In the local/preliminary, Association, Regional, and National level competitions, the rules concerning a kick to the face or neck shall be as follows:

- a) The competitor is encouraged to kick to the facial area; however, the kick must be light contact with absolute control without causing any injury or excessive contact or the appropriate penalty shall be invoked.
  - b) The competitor who executes a successful technique (light contact without causing any injury) will be awarded two points.
  - c) The competitor who executes a kick to the face or neck which results in a minor injury shall receive a one-point deduction. A minor injury is defined as an abrasion or bleeding caused by non-excessive contact. The Referee and judges, with or without consultation with the tournament physician, shall determine if the abrasion or bleeding is a minor injury and if the attack is a non-excessive one.
  - d) The competitor who executes a kick to the face or neck which results in the inability of the opponent to continue sparring because of the injury shall be disqualified. The Referee and judges, with or without consultation with the tournament physician, shall determine if the attack is an excessive contact, and if the injury is a major one.
- NOTE: Inability to continue because of fright, crying, or loss of will following a legal kick to the head does not constitute grounds for disqualification of the attacker.

## Section 2: Referee Stops the Competition Only in the Junior Divisions.

- 1) The Referee may stop the match in order to consult with the Judges to determine whether a mismatch should be declared. This decision requires a majority agreement of the Judges and final verification of the Head of court.

Section 3: Junior Olympic-Style Divisions will be categorized by sex, weight, and Taekwondo Rank as follows:

AGE	WEIGHT	RANK (CLASS)	SEX
5	Under 45 lbs.	Novice	Male
	45 and over	Intermediate Advanced Black	
5	Under 45 lbs.	Novice	Female
	45 and over	Intermediate Advanced Black	
6-7	Under 45 lbs.	Novice	Male
	45-55 lbs. Over 55 lbs	Intermediate Advanced Black	
6-7	Under 45 lbs.	Novice	Female
	45-55 lbs. Over 55 lbs.	Intermediate Advanced Black	
8-9	Under 55 lbs.	Novice	Male
	55-75 lbs. Over 75 lbs.	Intermediate Advanced Black	
8-9	Under 55 lbs.	Novice	Female
	55-75 lbs. Over 75 lbs.	Intermediate Advanced Black	
10-11	Under 70 lbs.	Novice	Male
	70-90 lbs. Over 90 lbs.	Intermediate Advanced Black	
10-11	Under 75 lbs	Novice	Female
	75-95 lbs. Over 95 lbs.	Intermediate Advanced Black	
12-13	Under 100 lbs.	Novice	Male
	100-120 lbs Over 120 lbs	Intermediate Advanced Black	
12-13	Under 100 lbs	Novice	Female
	100-120 lbs. Over 120 lbs	Intermediate Advanced Black	

Weight classes for 14 – 17 Junior Black Belt Competitors shall be the same as those for their adult male and female counterparts.

**14-17 year old black belt competitors** will have the option of competing as juniors or as adults. However, they may only choose one category or the other – not both. In addition, **14-17 year old black belts** will compete under adult rules regardless of the division in which they register.

If the number of competitors for any one division is less than eight, the Organizing Committee has the option of combining two or three age groups into a single group.

#### **Article XIX. Methods of Competition**

Section 1: The competition system for all championships shall consist of single elimination.

Section 2: A 'bye' system shall be used at all championships which guarantees four (4) semi-finalists. All byes shall be awarded during the first round of competition.

## **GENERAL RULES AND REGULATIONS FOR POOM-SE (FORM/PATTERN) COMPETITION**

### **Article I. Competition shall be divided by Age, Belt, and Sex**

a) AGE DIVISIONS	BELT DIVISIONS
5 Boys	Novice, Intermediate, Advanced, Black
5 Girls	Novice, Intermediate, Advanced, Black
6 & 7 Boys	Novice, Intermediate, Advanced, Black
6 & 7 Girls	Novice, Intermediate, Advanced, Black
8 & 9 Boys	Novice, Intermediate, Advanced, Black
8 & 9 Girls	Novice, Intermediate, Advanced, Black
10 & 11Boys	Novice, Intermediate, Advanced, Black 1, Black 2 & up
10 & 11Girls	Novice, Intermediate, Advanced, Black 1, Black 2 & up
12 & 13 Boys	Novice, Intermediate, Advanced, Black 1, Black 2 & up
12 & 13 Girls	Novice, Intermediate, Advanced, Black 1, Black 2 & up
14 & 15 Boys	Novice, Intermediate, Advanced, Black 1, Black 2 & up
14 & 15 Girls	Novice, Intermediate, Advanced, Black 1, Black 2 & up
16 & 17 Boys	Novice, Intermediate, Advanced, Black 1, Black 2 & up
16 & 17 Girls	Novice, Intermediate, Advanced, Black 1, Black 2 & up
Adult Men	Novice, Intermediate, Advanced, Black 1, Black 2, Black 3 & up
Adult Women	Novice, Intermediate, Advanced, Black 1, Black 2, Black 3 & up
Senior Men	Novice, Intermediate, Advanced, Black 1, Black 2 & up
Senior Women	Novice, Intermediate, Advanced, Black 1, Black 2 & up
Executive Men	Novice, Intermediate, Advanced, Black 1, Black 2 & up
Executive Women	Novice, Intermediate, Advanced, Black 1, Black 2 & up

### **Article II. Merits**

Section 1: Merit will be awarded on the basis of beauty, grace, rhythm, focus, power, and technique.

### **Article III. Judging Procedure**

Section 1:

- a) Judges shall be seated in the four corners with the referee in front of the scorer's table.
- b) Points shall be awarded on a scale of 7.0 to 10.0 in tenth of a point (.1) increments. 7.0 being the lowest score awarded for a completed pattern. 8.5 shall be the 'average' score awarded.
- c) Judges shall display the score of each competitor by use of flash cards.
- d) The highest and lowest scores shall be thrown out and the remaining three scores added to compute 'total score'.

In the case of a tie, the lowest score shall be added back to break the tie. If still tied, the highest score shall then be added back as well. If this procedure fails to break the tie, then both competitors shall repeat their form (competitors may choose to do a different pattern, but are not required to do so).

- e) The computation of the total score on the score sheet shall be recorded by an assigned official and each division's sheet shall be signed by the respective center referee.

**Anyone under Black Belt may begin a pattern a second time with a two-tenths (.2) deduction from the total score (not each individual Judge's score).**

#### Article IV. Recognized Poom-se

Section 1: The official forms accepted for competition shall be:

	<u>ITF</u>	<u>WTF</u>
<b><u>Novice Division</u></b> White, Yellow, Orange	Chon-Ji Dan-Gun Do-San	Pal Gwe 1-2 Taeguek 1-2
	<b><u>MDK/TSD</u></b> Ki-Cho (KiBon) 1-3 Pyung-An/Pinan 1	Basic Form 1-3
	<b><u>ITF</u></b> Do-San Won-Hyo Yul-Gok Joong-Gun Toi-Gye	<b><u>WTF</u></b> Pal Gwe 2-6 Taeguek 2-6
<b><u>Intermediate</u></b> Green, Purple, Blue	<b><u>MDK/TSD</u></b> Ki-Cho (Ki Bon) 3 Pyung-An/Pinan 1-4	
	<b><u>ITF</u></b> Toi-Gye Hwa-Rang Choong-Moo	<b><u>WTF</u></b> Pal Gwe 6-8 Taeguek 6-8
<b><u>Advanced</u></b> Brown, Red	<b><u>MDK/TSD</u></b> Pyung-An/Pinan 4-5 Nahanji 1-3 Passaai (Bassai)	

**NO VARIATION FROM THE ABOVE LIST WILL BE ACCEPTED.**

<u>ITF</u>	<u>WTF</u>	
<b><u>Black Belt</u></b> 1st dans	Kwang-Gae Po-Eun Ge-Baek	Koryo
2nd dans	Eui-Am Choon-Jang Ko-Dang Juche	Keumgang
3rd dans and up	Sam-Il Yoo-Sin Choi-Yong Yon-Gae Ul-Ji Moon-Moo So-San Se-Jong Tong-Il	Taebaek Pyongwon Sip jin Jitae Cheonwon Hansoo Illyo
	<b><u>MDK/TSD</u></b> Jin Do Ro-Hai Kong-Sang-Kun Jit-Te Wan Shu Sei-Shan Ji-On O Sip Sa Bo So Rim Jang Kwon Sip Soo Tae Kuk Kwan	
1st dans		
2nd dans		
3rd dans		

**Any player may do ANY pattern up to their current rank.**

Section 2: When a player is called to perform his/her pattern/form, they will give their name, and the name of the form they wish to present to the center referee. Players should not give their school name and instructor's name. Black belt competitors are also required to state their current rank.

## GENERAL RULES AND REGULATIONS FOR TEAM COMPETITION

### Article I. Types of Competition

Team competition will consist of Form competition ONLY.

Competition must be conducted according to the respective rules of individual competition. **Forms CANNOT be altered OR modified.**

### Article II. Team Make-up

Section 1: All team members must be Black Belts.

Section 2: Teams shall consist of three (3) members.

Section 3: An individual may compete on only one team.

### Article III. Age, and Sex Divisions

Section 1: It is recommended that at National competitors will be grouped according to the following table:

- a) 5-17 year olds
- b) 18 year olds and up

Section 2: Teams may consist of all female, all male, or a combination of females and males within the age groups outlined in section 1.

### Article IV. Order of Competition

Teams shall draw lots to determine the order of competition

### Article V. Determination of Winning Team

A team score will be awarded based on all criteria used in judging individual forms competition as well as the presentation of the team as a unit.

### Article VI. Black Belt teams

Black Belt teams may perform any pattern up to the level (rank) of the senior ranking member of that team.

## ELIGIBILITY REQUIREMENTS FOR NATIONAL CHAMPIONSHIP AND JUNIOR OLYMPIC GAMES

### National AAU Taekwondo Championships and Junior Olympic Games Competition

#### Article 1. Requirements

Section 1: All competitors must be currently registered AAU members.

#### Article 2. Eligibility for the National Championships

Section 1: Athletes must have placed 1st through 8th in an individual sparring or poom-se division in a AAU sanctioned Association or Regional Championship of the current year, or

Section 2: Athletes must have placed 1st, in an individual sparring or poom-se division in the **previous** National AAU Taekwondo Championship.

#### Article 3. Eligibility for the AAU Junior Olympic Games

Section 1: ALL Competition

- a) Open to boys and girls, **Brown/Red and Black Belt Divisions only**, ages 6-17.

Section 2: Qualification procedures

Qualification to the AAU Junior Olympic Games Championship must be determined by actual competition. Qualification may only be determined through:

- a) Association Championship
- b) Regional Championship
- c) Special Regional J.O. Qualifiers
- d) AAU Junior Olympic Games Championship

#### Association Championship, Regional Championship, Regional J.O. Qualifiers:

These events may qualify the top eight (8) athletes from each appropriate age and division category to participate in the AAU Junior Olympic Games.

#### AAU Junior Olympic Games Championship:

This event may qualify the Gold Medallist from the **PRIOR** year's competition to participate in the **CURRENT YEAR'S CHAMPIONSHIP**.

## NATIONAL AAU TAEKWONDO TEAM AND ELIGIBILITY REQUIREMENTS AND AAU TEAM TRIALS

The AAU Taekwondo Program may choose to initiate a Team Trial process for the purpose of selecting a National AAU Taekwondo Team to represent it in both other national and international competition.

**Article 1. Requirements**

Section 1: All participants must be currently registered AAU members.

**Article 2. Eligibility**

Section 1: Those invited to National AAU Team Trials will include:

- a) Those who place 1-4 at National AAU TKD Championship
- b) Those who place 1st or 2nd at AAU TKD Junior Olympic Games (when Junior Team is also to be selected)
- c) Current Team Members

Section 2: If an athlete has qualified to participate in Team Trials through more than one weight division, he or she must compete in that weight division in which they originally registered at the National Championship.

**Article 3. Method of Competition**

Section 1. AAU Taekwondo Team Trials Competition shall be conducted according to the 'round robin' format.

Section 2. The AAU Taekwondo Program shall have the option of not accepting any Team Member whose position was garnered as a result of a lack of competition in their respective weight class. Such 'winner's may be required to 'audition' their proficiency before a panel chosen by the National Sport Chair.

**Article 4. Responsibility of AAU TKD Team Members**

Section 1. Those chosen to represent the AAU Taekwondo Program as current Team Members shall bear additional responsibilities to the AAU Taekwondo Program and these Responsibilities shall be outlined to and agreed upon by perspective Team Members prior to participation in the Team Trial process.

**OTHER MATTERS****Article 1. Official's Decisions**

Official decisions made during and at the end of the contest are not negotiable. Any protest must be made by the coach (not contestant) immediately after the decision to insure that all necessary records are preserved by tournament officials. Subsequently, the dispute shall be decided by the Tournament Arbitrator(s) in consultation with the head of court, the referee and/or judges may also be called upon, by the arbitrator, in order to settle the dispute.

Section 1: Protest Procedures:

- a) No one may protest personally to the Head of Court, Referee, of Judge about their **judgment**.
- b) If a refereeing procedure appears to contravene the official rules of competition, the officially registered coach is the only one who may file a protest.

- c) The protest will take the form of a written report submitted immediately after the match in which the protest is generated. The sole exception to this is when the protest concerns an administrative malfunction (bye system error, etc.). This must be dealt with immediately and the arbitrator(s) should be made aware of this immediately.
- d) The protest must be submitted to a representative of the Referee's Council. A filing fee of \$25.00 cash must be submitted with the written protest and is refundable if the protest is upheld. In due course the council will review the circumstances leading to the protest decision. Having considered all the facts available, they will produce a report and shall be empowered to take such action as may be called for.

Section 2: Competition Proceedings

- a) All officials, coaches and contestants participating in a sanctioned tournament are required to observe the decorum code of the AAU and the rules of the tournament.
- b) All contestants, coaches, and officials are required to be registered with the AAU during the year of the competition.
- c) If the referee requests a time during a match, the time shall not be included in the calculation of the total match time.
- d) When summoned, competitors are required to confirm their corners first and then to make the necessary preparations for the match.
- e) Any contestant who wishes to leave the ring area during his/her division must request permission from the referee.
- f) During a match, coaches are required to remain seated and are not allowed to move about the perimeter of the ring. The coach may **never** enter the ring with the exception of filing a protest. When doing so, he is allowed to take one step only into the ring and announce to the center referee, "I wish to protest this match".
- g) Coaches **MUST** be in their proper corners **PRIOR** to the beginning of a match. They **CANNOT** come into a corner once the match has begun unless approved by the center referee. Coaches may **NOT** switch out during a match. A coach is **NOT** mandatory for competition. However, if an athlete does not have a coach, no protests will be allowed.
- h) No one may delete or add to the safety equipment that is called out for in point style or Olympic-style sparring, at any level of competition, unless amended at the National Convention.

## GUIDELINES FOR SANCTIONING AND CONDUCTING AN AAU TAEKWONDO TOURNAMENT

- A) Should a club/school decide to host an AAU sanctioned Taekwondo tournament, you must first contact the local AAU registration chairman to obtain a sanction application. This form may also be available through the Association Taekwondo Chairman. Only AAU registered clubs may apply for and AAU sanction.
- B) Please be sure to complete the application form in totally and correctly.
- 1) Name of Association is asking for the name of your AAU Association NOT any other affiliation of dan sanctioning body!
  - 2) Name of Sport is "TAEKWONDO".
  - 3) Name and Date(s) of Event is self explanatory.
  - 4) Event Category: There is one and only one Association Championship per association. There is one and only one Regional Championship per Region. AND, there is one and only one National Championship in the entire country. **You must have the approval of the Association Taekwondo Chairman, Regional Taekwondo Director, and/or National Taekwondo Sport Chairman respectively to host any of the before mentioned events.** All other events are non-qualifying events and are classified as either Preliminary, Invitational, or Open. Please note, that **IN ANY SANCTIONED EVENT, ALL PARTICIPANTS MUST BE INDIVIDUAL CURRENT MEMBERS OF THE AAU.**
  - 5) Specific Age Groups: refers to Junior (5-17 years old), Adult (18-34), Senior (35-44), and Executive (45 years and up).
  - 6) Youth (under 18) Adult (18 and up) or Both; Female, Male or Both is self-explanatory.
  - 7) Name and Address of Facility is self- explanatory.
  - 8) Fee Schedule: Check with your local AAU Association Office.
  - 9) Club Name, contact person, phone number(s), and address must be complete. Please list your home address, NOT a P.O. Box number.

### ATTACH A COPY OF THE EVENT INFORMATION AND ENTRY FORM!

- C) Mail the entire completed form to your association registration chairman along with the appropriate fee and shortly thereafter you will receive your copy "approved designating your sanction number. If applying for 3rd Party general liability insurance, be sure and apply at least 30 days out or you will incur additional late fee expenses.
- D) Obtain a list of all registered AAU Taekwondo clubs in your association (Region, depending on the type of sanction) and make sure they all receive an invitation to participate. **Unattached** athletes may also participate in AAU sanctioned events. By 'unattached' is meant an athlete who is **individually** registered with the AAU, but is training with a non-AAU registered club/school. You may choose to use your sanctioned event a recruitment too in this way. Invite **all** Taekwondo clubs in your association whether or not they are currently registered with the

AAU. They may choose to send athletes who will be required to register as individual members if they have not already done so.

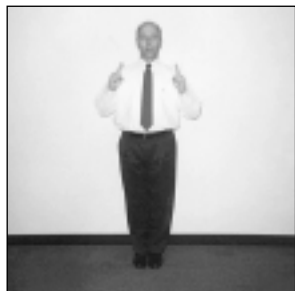
- E) All tournament flyers must:
- 1) Contain the phrase: **"Sanctioned by the XYZ Association"**.
  - 2) Advise that all participants must be registered members of the AAU and how to obtain application forms for same.
  - 3) Advise Junior athletes that they should be prepared to present proof of age should a question regarding same arise.
- F) You should meet at least one month prior to the event with the association (regional) chairman to review **all** printed forms associated with the event to insure that they are thorough, in keeping with the AAU Taekwondo Rules, and in compliance with the AAU Code.
- G) You should then contact the local referee certification representative to insure that enough "certified" referees will be available to insure a smooth running event. You are advised to host an official AAU Taekwondo Referee's and Coach's certification clinic at least two weeks prior to your event.
- Parents of younger students, as well as your adult non-Black Belts should be encouraged to take the coach's seminar. Not only will this certification allow them to become more involved in the program, but also free up your Black Belts for more important work such as judging!
- H) Again, with the cooperation of your local registration chairperson, you should make sure you have all the necessary individual applications you feel will be necessary for on-site registration of unattached athletes. Make sure you know how to fill out these applications along with the correct fees for both youth and adult athletes.
- I) After the event you may be expected to file a financial, as well as statistical report with your local registration chairman or the National Sport Committee. **If you are hosting either an Association or Regional Championship – both of which are qualifiers for the National Championship and Junior Olympic Games – you must file the appropriate report with the National Sport Chairman AND include a \$2.00 per athlete participation fee. Checks and money orders must be made payable to "AAU Taekwondo". These reports and fees MUST be filed within 15 days of your event, or June 5, whichever comes first. Failure to do so will disqualify your athletes from national competition AND preclude you from hosting another qualifying event! For all other AAU Taekwondo sanctioned tournaments the athlete participation fee shall be \$1.00 per athlete.**

### APPENDIX A

On the following pages, the recognized hand signals to be used during sparring competition will be demonstrated.

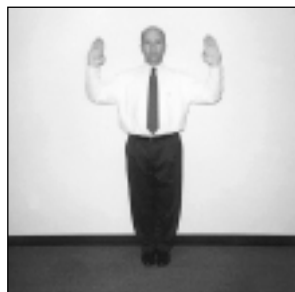
#### STARTING THE MATCH

Calling the competitors



Chung-Hong

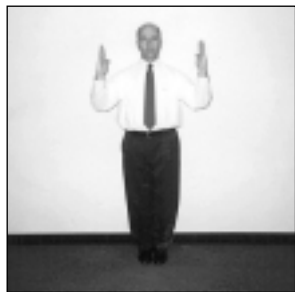
#### BOW IN THE COMPETITORS



Charyeut



Kyung Yea



Jwa-woo-wang-woo



Kyung Yea

### START - ROUND ONE



Joon-bee



Il Hoe Jun



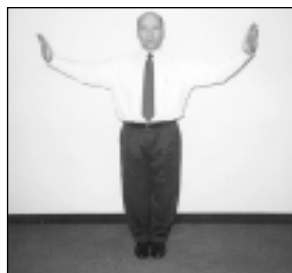
Shijak



END ROUND ONE



Keuman



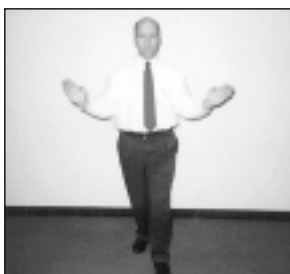
START ROUND TWO



Chung-Hong



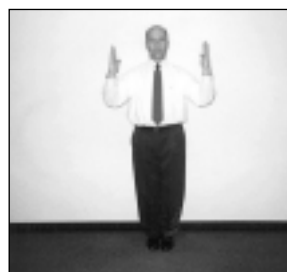
Joon-bee



END OF MATCH



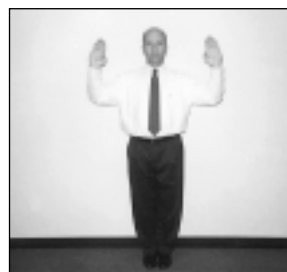
Keuman



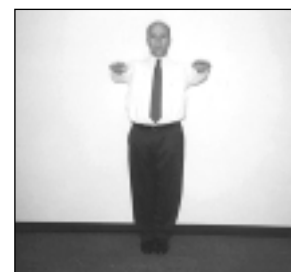
Charyeut



Kyung yea



Jwa-woo-wang-woo



Kyung-yea

**DECLARE (BLUE) WINNER**



**Chung Sung**

**DECLARE (RED) WINNER**



**Hong Sung**

**TO DECLARE KALYEO**



**TO DECLARE KAE-SOK**



**STOP TIME**



**Shigan**



**Kyeshi**

**INFRACTIONS**



**Undesirable**



**Interference with the Progress of the Match**

**DECLARE KYONG-GO**

After stopping action with the "kalyeo" command, face the competitor at the point of infraction.



**Demonstrate one of 2 infractions, then**



**Kyong-go**

**DECLARE GAMJEOM**

After stopping action with the "kalyeo" command, face the competitor at the point of infraction.

**Point to the athlete to be penalized**



**Demonstrate one of 2 infractions, then**



**Gamjeom**

## ASSOCIATION CONTACTS FOR AAU TAEKWONDO

REGION	ASSOCIATE'S NAME & INFORMATION	REGION	ASSOCIATE'S NAME & INFORMATION
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Hawaiian	Rick Blair 2060 Eastern Pkwy. Louisville, KY 40204 502-451-3954 • rblairtkd@aol.com	State Director	Edie Robenstein 364 Dorset St South Burlington, VT 05403 802-860-7877 • edie.robenstein@vtmednet.org
Indiana		Vermont	
Island Empire		State Director	
Iowa			
Kentucky			

REGION	ASSOCIATE'S NAME & INFORMATION	REGION	ASSOCIATE'S NAME & INFORMATION
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Oklahoma	Benjamin Kelso PO Box 27013 San Diego, CA 92198 858-271-2212 • Bvue2822@aol.com	Virginia	
Oregon	Al DaSilva PO Box 24 Damascus, MD 20872 301-360-9700 • dasilvatkd@hotmail.com	West Texas	
Ozark	Mike Parr 5010 Granite St E2 Loveland, CO 80538 970-663-4150 • mlparr@wctechnologies.com	West Virginia	
Pacific	T.A. Goodwin 7224 Middle Street Columbia, SC 29223 803-691-6700 • ta1goodwin@aol.com	Western PA	
Pacific NW		Wisconsin	
Pacific Southwest		WYOMING	
Potomac Valley			
Rocky Mtn			
Snake River			
South Carolina			

**For those associations with no contact person listed,  
please contact the National Sport Chairman, Mike Friello.**

APPENDIX B

**AAU TAEKWONDO PROTEST FORM**

Athlete's Name \_\_\_\_\_ Division \_\_\_\_\_

Coach's Name \_\_\_\_\_ Ring # \_\_\_\_\_ Date \_\_\_\_\_

Describe what has happened to make you file this protest, and what action(s) you think need be taken to correct the situation.

Head of Court \_\_\_\_\_ Corner #2 \_\_\_\_\_

Center Referee \_\_\_\_\_ Corner #3 \_\_\_\_\_

Corner #1 \_\_\_\_\_ Corner #4 \_\_\_\_\_

Was protest upheld? Y N

Reason for Arbitration Committee's decision:

Arbitration Committee Members \_\_\_\_\_